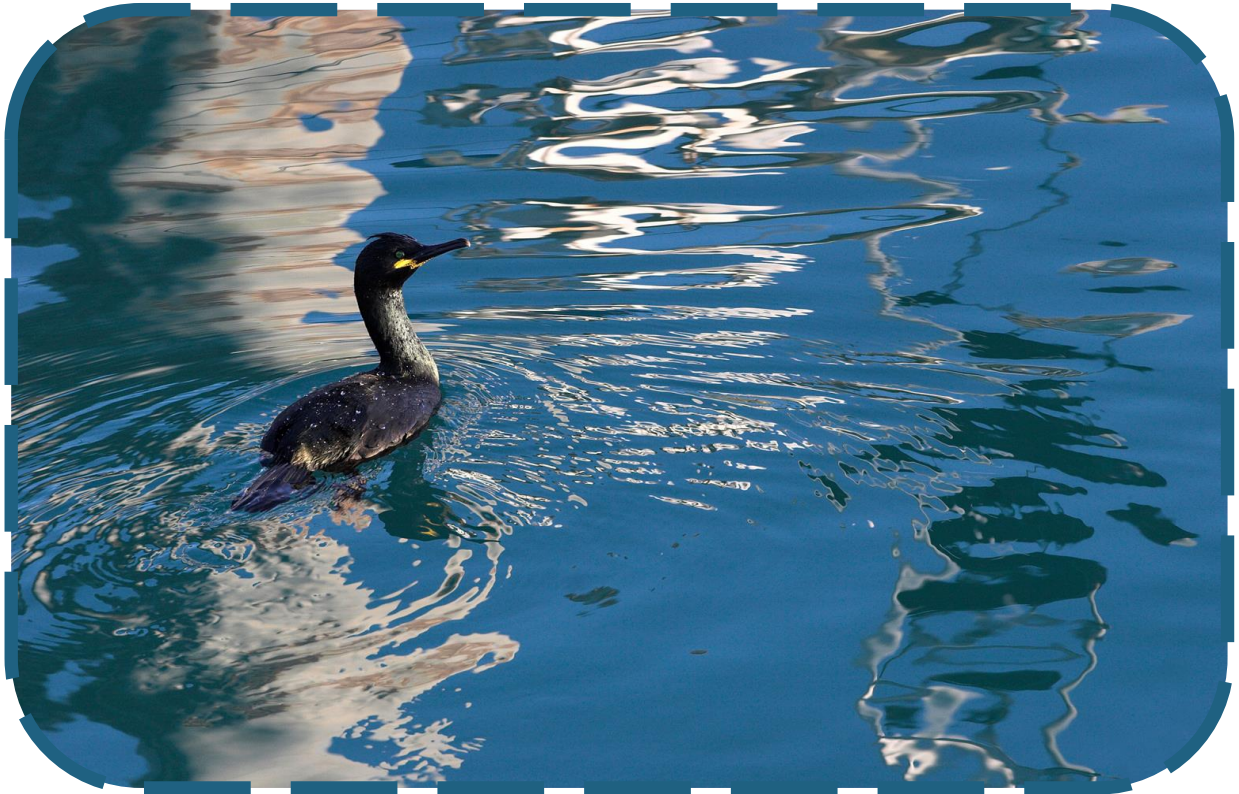


LIVE

Teaching Through Nature



European Shag Diet



Shags feed mainly on sandeels, Herring and a type of fish called Saithe. In the absence of fish they might also target sea worms (polychaetes), squid (cephalopods), molluscs such as limpets and crustaceans such as crabs. Whilst adults have a varied diet, parents feed their chicks a diet of mainly sandeels.