

LIVE

Teaching Through Nature



## Puffin Facts 3: Feeding



The puffin is a seabird that catches fish by diving head first into the sea from the surface.

The favourite food of the puffin is the sand eel, although any small fish will do.

Puffins generally collect about ten fish at a time, although the record stands at 62.

Puffins are great at diving and will stay underwater between 20-30 seconds each time.

The puffin has a special rough tongue which holds the fish it has already caught against spines on the roof of its mouth so they don't fall out while it catches more.